

Cooking Class Liability Waiver & Release of Liability

I acknowledge and agree to the following:

I understand that participation in a cooking class involves certain inherent risks, including but not limited to cuts, burns, slips, falls, food-related injuries, and allergic reactions. I voluntarily choose to participate in this class and assume all risks associated with my participation.

I acknowledge that it is my responsibility to inform the event organizer and/or chef of any food allergies, dietary restrictions, or medical conditions **prior to the start of the class**. I understand that failure to disclose such information in advance may increase my risk of injury or allergic reaction. I agree that the chef/instructor and hosting organization are not liable for any allergic reactions or related health issues that may occur during or after the class.

I further acknowledge that proper instructions on the use of kitchen tools, equipment, and safety procedures will be provided during the course. I agree to follow all instructions and use equipment responsibly. I understand that failure to follow instructions may increase my risk of injury.

In consideration of being allowed to participate, I hereby release, waive, and discharge the chef/instructor, event organizers, hosting venue, and any affiliated parties from any and all liability, claims, demands, or causes of action for any injury, illness, loss, or damage arising out of or related to my participation in the cooking class, whether occurring during or after the event.

I agree that I am physically able to participate and will immediately inform the instructor if I feel unsafe or unable to continue.

I also grant permission for any photos or videos taken during the class to be used for promotional purposes, unless I provide written notice otherwise.